

My Rejuvenation Centre

Testimonials

I have been doing a total body vibration for 4 months now it has been so wonder full! I no longer visit the chiropractor weekly, and I have been sleeping through the night since the first day! I haven't done that in years! In addition, I have even lost a few inches! Highly recommended!!!!

Carman T.

I have used the whole body vibration for about 3 months and I immediately noticed that I am sleeping much better. My muscles have tuned up and I have lost weight as well. The first month I lost a total a 4 ½ inches.

Steve

I lost 20 pounds last spring (2010) by starving myself and went back to regular eating and use the WBV machine and put no weight back on. I gained 3-5 pounds over Christmas Holidays and using the WBV, I lost it all in 1 week!!!

Mike

WBV has greatly improved my sleeping habits as being a long-term insomnia; this alone noticed an improvement in my overall energy for the whole day, I don't feel like I'm ready for bed by 7pm anymore.

Meghan

I get migraines headaches 3-4 times a week from Feb-April due to pressure changes. Since I have started the total body vibration I have not had a single headache!!!!

Kristal Filipenko.

Last week my 2 ½ year old son was fighting a cold. He was getting worse, his cough had been keeping him awake for hours in the night. I brought him here to spend 30 min in the sauna. His cough and cold went away almost right away. He slept through the night that night!!

Thanks My Rejuvenation Centre!

Carman T.

I cannot believe how much more energy and better sleep I receive from the vibration machine. I was not able to attend every day, with only 2-3 a week and I experienced there was a great benefit. I highly recommend the vibration machine for health benefits.

Marie V.

I woke up Friday morning with pain in my lung, I doubted: urgent clinic or natural way. As I didn't feel like waiting for house, just to hear to get an x-ray and there is nothing they can do, I decide to put myself under the hothouse. I put it on for 2 hours, and fell asleep. Its comfortable warmth does that. When I woke up the next morning, the pain was less sharp, so I started again with 1 hour and later that day; watched a movie, under the hothouse. The next day, I almost had nothing of pain at all! I continued the following day, just to make sure whatever I had, was also cured. I went to the doctor, and got an x-ray and then went home. Luckily, I didn't wait for the doctor otherwise I would still be in pain.

Veronique