

USA CHI MACHINE TESTIMONIALS

Including Polio, Cerebral Palsy, ADHD, Parkinson's Disease.

ADHD, Dyslexia, Autism.

I am a Neurodevelopment Therapist who works with children labeled as ADHD, Dyslexic, Autistic, or with any serious learning problem. When I was first shown the Chi Machine, I didn't make the connection with its possible use in neural systems therapy. Over time, however, I did decide to try the Chi on some of my patients. There were excellent results in combination with therapy: A girl went from crawling to going upstairs and walking; a boy started speaking more clearly; many others became calm and focused. The workout of these sub-systems in a passive enjoyable way makes it more likely that students will adhere to the therapy. - **Janet Oliver, Child Neuro-development Therapist, MD, USA**



**Sun Ancon Chi Machine Testimonials USA,
from HTE Americas**

Completely Changed his Life and Stormy Personality!

From very early on in my life I have had somewhat of a stormy personality. Especially when things didn't go right. The last few years have been as stressful as ever business wise and personally. A year and a half ago, someone introduced me to the Chi Machine. I tried it after a little prodding. On my way home I felt a calm in my voice and my being that I had really never felt before. I used it again and I had my sons and a couple of their friends try it too, just to make sure I wasn't having an out of body flash back. They experienced the same calming effect. I purchased a machine and things haven't been the same since.

I found, for me, using it for 12 minutes a night before I go to bed works best. My sleep is awesome. If I don't use it I have broken sleep pattern that is more restless. It also relieves stress like you can't believe. I use it before softball in the summer to help get me loose, so I can still play at a fairly high level and have fun doing it. I play basketball, bowl, walk and run 3 miles a day, do 70 -755 push-ups every other day, lift weights and enjoy sporting activities. In general, I can do everything I could do when I was 25. At 50 years old that says a lot. The Chi Machine has given me more energy than I thought possible and the chest and pains I used to have are nearly gone. Also, the "CHI" effect immediately after using it, is mind boggling. I haven't had a full blown cold for nearly 2 years. I know The Chi Machine has increased my immune system. No telling how much good it has done for me internally. - **Darrell P. 50 yrs old, USA**

Lung Capacity, Energy, Immune System, Sleep.

Since using The Chi Machine, my breathing/lung capacity has seemed to increase. My desire to move more has increased as well. I've had less colds (almost nonexistent), so I'd definitely say my immune system has benefited. When I use the Chi Machine regularly, I am more peaceful and relaxed and I sleep MUCH better, which contributes to how well I experience all other aspects of my life. - **Barbara Zabel, USA**

Food Allergies - Stamina, Lower Back Pain, Shoulder Stiffness, Weight Loss, Complexion Cleared,

Digestion, Tennis Elbow, Herniated Disc.

We are often occupied with urgent matters, and have neglected to take care of our health. Over the years we have seen our health deteriorate. We have tried a rowing machine, lifting weights, joining a health club, and jogging on a quarter mile path around our house. We started each exercise enthusiastically with high hopes, but lost the commitment because of the effort and time required.

One day, a relative introduced us to the Chi Machine, a passive exercise machine. After a brief introduction, we made the risk free investment for our health. We have developed a habit of using it several times a day because it is so comfortable and easy to use. It requires "no" effort, and takes a total of 15-30 minutes a day. Since using the Chi Machine, our lives have improved dramatically.

The most dramatic result is the tolerance I have developed to food that I had been allergic to for the past 20 years: wheat, corn, potato, tomato, oat, barley, rye, milk, caffeine, and MSG. I would take Seldane an anti-histamine, to temporarily overcome the itchy effects of the allergy. Since using the Chi Machine, the itch has reduced so significantly that I have not taken a single pill because of food allergy. I have more energy and stamina than ever before. My lower back pain and neck and shoulder stiffness have been significantly reduced.

Cathy's waistline and thighs have trimmed, her complexion has cleared up, her digestion has improved, and she sleeps more soundly. Her tennis elbow and herniated disc pains have decreased substantially. - **Kaiman and Cathy Lee, USA**

Cerebral Palsy, Polio, Depression.

I have cerebral palsy, polio in my left leg and am coming back slowly from a deep depression. My sister has a Chi Machine and when I came to live with her she showed me how to use it. I got on it for five minutes a day in the beginning and felt relaxed the first day. I've been using The Chi Machine for 3 weeks and have gradually worked up to 10 minutes twice a day. I can't believe how much calmer and self-assured I feel. I have been in a lot of pain in my legs due to the cerebral palsy and now I feel relief from the pain. I use a walker to get about but I am in less pain and can walk longer distances. I love the Chi Machine and will use it every day because I know how much better I can feel the more I use it. - **Delia P, USA**

Arthritis and Cellulite - Spinal Relief, Muscle Fatigue, Asthma - Conception of Two Babies!

I was out of work as a result of surgery made necessary because of a car accident when I discovered the Chi Machine. I thought it sounded too good to be true, but it actually relieved the arthritis in my 75 year old mother's hands and diminished the cellulite in her thighs.

For me, the best benefit was an internal massage, which was instrumental in helping me to conceive our first child after 15 years of persistence. I am 42 years old and have been married for 20 years. A dear friend who is 39 years old also conceived while using the Chi Machine regularly. My husband, who was very skeptical, uses The Chi Machine for spinal relief, muscle fatigue and asthma. He loves it, it also helps him sleep restfully, and awaken refreshed and sharp. We thank God and the Chi Machine for helping us have our long awaited family. - **Cecelia M. Verardi, USA - 42yrs and her Mother 75yrs**

Freak Accident, Constant Pain, Lymph System - Clean Blood

Three years ago my life was great. I am a certified weight loss counselor and do nutritional counseling. At that time I was happy, healthy and fit and enjoyed the financial prosperity that helping people had brought me. A freak accident happened that changed my life. While putting something in the trunk of my new Lexus the torsion bars failed and the trunk lid fell sending the latch of the trunk lid through the top of my head. My brother found me 30 minutes later sitting in a pool of blood. Over the next few months I became very depressed. I was in constant pain in my neck, shoulders and back. Old health problems that I had previously put behind me began to return. I had gained a lot of weight, I had no energy and my nerves were shot. I have spent the last three years, trying everything to return to my former happy self, with little

success.

I was introduced to the Chi Exerciser by a friend, in June of 1998. I started faithfully using it every single day. The first thing that I noticed was an area in my lymph system that had been very tender, no longer hurt. The doctors had previously told me my lymph system was so congested that I would need a series of at least 25 lymphatic massages. So you can imagine how impressed I was at my bodies response to the Chi Exerciser in only 9 short days of using it 5 minutes twice a day! My back, neck and shoulders have continued to get looser, and I have much more movement. I can now lift my left arm over my head, which I hadn't been able to successfully do in three years.

I recently went to my MD and had a Basal Metabolic Rate Test and I was told that my oxygen uptake and heart rate were that of a 20 year old. The doctor performed a dark field blood analysis and my blood was clean and very healthy for the first time in over 20 years that I have been having this test done. He said it was great looking, and he rarely saw such good blood in 20 year olds. Not bad since I've just turned 50!

My health and vitality is returning and I'm feeling more like "me" every day. Im so grateful to my friend for caring enough about my health to continue to talk to me about this machine until I finally tried it and became a believer. Its truly changing my life! - **Cheryl Larimer, 50yrs old, USA**

FOOTNOTE: Cheryl's doctor was so impressed he bought two Chi Machine's for his home and office.

Insomnia, Bone Spur, Chronic Back Pain, Muscle Stiffness, Respiratory Condition, Stress.

For my entire 39 years I have been a light and awful sleeper. Every time I use the chi machine, I SLEEP and I sleep deeply through the entire night. I also no longer wake up severely aching and sore (due to my martial arts classes and athletics).

1) The Chi Machine started reversing the chemistry of a bone spur on my heel that had crippled my mobility beginning just before we acquired the equipment. Within two weeks, the pain was totally gone. However, four months later when I tried to locate the bone spur, I found it unquestionably. Some two months later, however, we could not locate it. It was totally gone.

2) The Chi Machine has allowed me to eliminate chronic back pain, significantly reduce muscle and joint stiffness.

3) In my professional practice of SHEN Physio-Emotional Therapy, I work with survivors of abuse and trauma. The Machine is invaluable for me personally and professionally. My mother, who teaches transformational body-work has created a group of medical doctors and psychologists who are using the Chi Machine in Germany.

4) With the use of The Chi Machine I avoided back surgery. I use it after a hard day's work in my construction business to take the pain out of my legs after standing on them all day. Also, great after a day of snowmobiling to work out the sore muscles!

5) From the time I first acquired a Chi Machine to relieve a bronchial/asthmatic condition, I have found this to be a major help in my life to provide me with a quality life! Not only did its use clear my respiratory problems, it has relieved the tension of daily stresses contributing to a major boom in my energy level. - **Dawn Rosella, USA**

Digestive System, Constipation, Back Problems, Stress, Pain.

"I have used The Chi Machine with a couple of my patients and it has been very successful. One of the children I've worked with has problems walking and ever since he started using The Chi Machine, his digestive system has been a lot better overall. He doesn't have constipation anymore and the pain has diminished. Another patient of mine had back problems; he use to have an excruciating pain and now he

feels a lot better, without as much stress nor as much pain. Thank You HTE for your fabulous machine." - [Vicky Loreda LPN , Nurse - Midland, TX, USA.](#)

[Gym Bunnies.](#)

"My clients all report that the Chi Machine feels great! Their total workouts are more effective with the machine. My massage staff and personal trainers have found it to be a wonderful addition to the services we provide. It helps combat vasodilatation (dizziness caused from pooling of blood in vessels) after completing a workout. We have set aside a private space in our fitness center where many clients go to "[Chi](#)" after working out. They love it!" - [Hans Roth, owner of FIT Health Club.](#)



[Parkinson's Disease.](#)

I am a 92 year old female and have been married to my ninety-four year old husband, George, for 64 years. For many years, i have suffered from a nervous condition requiring visits to doctors and having prescription drugs for treatment of the condition.

Finally in 1995, after years of suffering, i made a trip to Mayo Clinic in Rochester, Minnesota. After several tests, i was diagnosed with Parkinson's Disease, which is a chronic progressive disease affecting equilibrium among other things. There is no known cure. However, some drugs aid in dealing with this affliction on a temporary basis. One of my main complaints was the burning sensation in my feet and legs which bothered me except when i was asleep - on a scale of 1-10, most times it would be about 12. Not only was the pain hard to deal with, but it was depressing. Sometimes i felt like giving up.

Finally, my daughter found a doctor in Des Moines, Iowa that dealt with patients suffering from Parkinson's Disease, so we moved to Ankeny, Iowa to be near our daughter so she could take me to appointments. This doctor said that i was on far too many drugs, took all of them away and prescribed two new ones. I was taken to the hospital in May 2001 and assigned a new doctor. He arranged for hospice to come to our home to aid in care. He also prescribed a gel made up of 5 medications. My husband had to apply that to my toes hourly. O e day i discovered red streaks going up my arm. After alerting the doctor, he told me to discontinue the gel immediately as my body had an intolerance to the drugs it contained.

My daughter continued researching to find something to help me. She found Young Living Natural Oils. We chose a supply of these products and applied them to my feet and legs on an hourly basis. This did help me temporarily but had no lasting effect.

Then, my daughter found the Chi Machine and the [Far Infrared Hothouse](#) and i began using them. What a change they have made in my life! The pain from the burning sensation now ranges from a two to four on a scale of ten. It had helped tremendously with my equilibrium and i can now walk unassisted and maintain good balance. In fact i was able to carry a tray containing two glasses of orange juice from the kitchen through the dining room and into the living room without spilling a drop!

During a visit to the beauty shop, my operator asked me what i ws doing to my hair. She said it was so much thicker, darker and healthier looking. I attribute that to the use of good hair products, good nutrition, vitamins, bottled water as well as the FIR Hothouse and Chi Machine.

In closing, i just wanted to say that the use of the Chi Machine and the Far Infrared Hothouse has made a very marked improvement in the quality of my life. For that i will be eternally grateful. - **Beulah Patton**.

Stressed Mum, Depression - Weight Loss, Hearing Partially Restored, Relaxation.

On September 20th, 1997 i tried The Chi Machine for the first time. I felt the "chi" that everyone was talking about and I was excited about the potential. September 26th my own machine arrived. We used it for 5 minutes initially. Within a few days my sleeps were far more restful and my temperament was so much better. I was handling my son's nappies better. Dreams were vivid, more clear and able to be totally recalled.

By the first week I had more energy - I put my clients on the machine, they felt the benefit. First period in years only lasted 2 days and I felt no discomfort - I didn't know it was there. My depression decreased and I had an all over feeling of well-being. For one month use on a steady basis I can report a 2 kg weight loss. Hearing is returning to my deaf left ear. I use The Chi Machine to help me relax and enhance my digestive process. Thank you. - **Anne Therese Clark, Fort Lauderdale, FI, USA**



Chi Machine Testimonials

CANADA CHI MACHINE TESTIMONIALS

Including Emphysema, Sciatica and Anger!

Emphysema - Chronic Obstruction Pulmonary Disease (COPD).

In 1989, i became disabled with emphysema - Chronic Obstruction Pulmonary Disease (COPD). It was difficult for me to take a shower or even walk to my car. I was mostly housebound. On my own, I began using a treadmill and an exercise bike. This helped me to some degree and I became resigned to a life of just existing. In January of 1997, i was hospitalized for 6 weeks and almost died. I was told I caught a virus.

In December of 1997, i had lung reduction surgery. This operation really changed my life. I was able to shower on my own and go out by myself in my car. I was still on oxygen and feeling a lot better. I still had my disease but my quality of life had greatly improved. Then in December of 1999, i was introduced to The Chi Machine. When my sponsor, whom I have known for the past 20 years, came over with The Chi Machine, I told him I had no intention of buying this before Christmas and that he could go back home. But after being on The Chi Machine twice that evening, I ordered it that night!

The day after I received The Chi Machine, my 80 year old brother-in-law from out of town came in to see his chiropractor. After being on The Chi Machine twice, he phoned and canceled his appointment. He said: "I don't need an adjustment. I've been on The Chi Machine." He is more limber and agile now and feels terrific. Naturally, he now owns a machine.



[Sun Ancon Chi Machine Testimonials](#) [HTE Canada](#)

In January of 2000, I was diagnosed with a Carcinoid tumor. I had to have CT scans, x-rays, blood tests, etc. before it could be determined if I was operable. On February 4, 2000, I went for a blood-gas test. The doctor said that I was 100 %!!! Since that time, I have been off oxygen and I cannot describe how terrific I feel. If you have breathing problems, you have nothing to lose by trying The Chi Machine. My friends, when you can't breathe, nothing else matters! - **Van Loranger, Calgary, AB Canada.**

Lymphatic Drainage Massage.

Aromatherapy is the therapeutic use of essential oils. Part of the training includes full body lymphatic drainage massage. This is not always done in a consultation/ treatment which could be making up a product blend for a specific condition such as aches and pains, headaches, depression, arthritis, insomnia etc. I anticipate using the chi machine for 2-5 minutes in any of these consultations and explaining how the treatment can help them. - **Registered Aromatherapist, Registered Reflexologist, Don Mills, Ontario, Canada - Pat Malone.**

Trager Practitioner.

I love my Chi Machine. As a Trager practitioner I do not receive as much body-work as I give but I find my Chi Machine creates the trager feeling in my body. I knew after 30 seconds of experiencing it that I had to have one for myself. Thank you for creating it. - Deborah Hudson M.S.W. - Psychotherapist, Trager Practitioner, Kingston, Ontario, Canada.

Blood Circulation, Relaxation.

My name is Nora, Canadian Natural Health Practitioner, Aroma therapist, Reflexologist and founder of Kyphi Aromatherapy Inc. I was first introduced to the Chi Machine through my colleague and my reflexology therapist, Pat Malone. While on my first few minutes on the machine I immediately enjoyed the vibration that came through my body and into my head. I was particularly conscious of its movement in my stomach area. With a weak colon, I felt this must be quite beneficial. With my poor blood circulation in general the last few minutes and after the time ended I was certain I had my blood moving all over my body. I particularly loved the great sensation when the machine stopped and the final moments of relaxation ran through my body. I loved it! With little time for exercise at the gym I knew this was my answer. I purchased the Chi Machine for myself, my family and my clients who will experience the chi after my regular treatments for the final touch of relaxation. I urge everyone to give the Chi Machine a few moments of their time and experience the benefits. Thank you Pat for introducing me to this wonderful experience! - **Registered Aroma therapist, Registered Reflexologist, Markham, Ontario, Canada - Nora El Gammal.**

Tai Chi Deja Vu.

I am a Remedial Massage Therapist with certifications in Reiki, Reflexology, and Body Talk. I was introduced to The Chi Machine and knew instantly it was for me. The reason for this is because I have been learning Tai Chi and the response the machine elicited so matched my response to Tai Chi. I am very excited about the effects of this machine on myself and my clients - not only physically but mentally and spiritually. - **Rena, Massage Therapist/Reiki Master, Riverton,**

Manitoba, Canada.



Happy, Healthy Family.

The Yonkman Family - Multiple Health Problems Overcome.

We got our personal machine on Feb. 12, 2001. We never realized we had so many problems. Here are just a few and it's amazing that after a couple of months we find more illnesses that we have overcome that are a bonus.

My son Mitchel, 12 years of age, had an operation at 4 years of age for his varicose veins in his left leg, but still had swelling from the operation since it was not a complete success. After a matter of a few days with The Chi Machine, no more swelling or bruising, and the big thing, no more pain.

My oldest daughter has been using The Chi Machine right from the start and finds that her shin splints and the soreness in her knees have disappeared.

My middle daughter said that The Chi Machine was not for her. After two months of having the machine, she has seen what a difference it made to the rest of the family. She now books in her time also. She is now a believer since it got rid of cramps in her legs just after a couple of sessions.

My wife has seen the most benefits. She had migraines at least once a month, but more like every other week. She would go to the hospital for a needle and two \$60 pills, plus spend two days in bed. Yes, no more migraines for over two months, machine paid for. She has not gone to the chiropractor either. She doesn't wear socks to bed and doesn't need me to rub her back to sleep. And if you have constipation kiss it goodbye, if you need something to keep you regular, The Chi Machine works. No more pain in sciatic nerves and bone spurs on feet disappear.

For myself, I lost 7 lbs in the first three weeks and I am finding that my pants are still getting looser. My blood pressure is dropping. If you have ever had to come up for air when clipping a toenail just after 6 weeks I can clip all 10, no problem. The increase in flexibility is amazing. I used to snore very loud, the people that know me can assure you of that, but after a month my rumble doesn't wake my wife. And my mouth is still moist in the morning. If you have a tired back, The Chi Machine is a must. just after a few minutes you're all refreshed and ready to go. But probably the biggest change is the increased energy I have. In the past I would be snoring on the couch at 8 p.m., now it is after 11 p.m. and still going strong.

I've just touched on the most noticeable changes but there is much more. The Chi Machine has made one huge change in our lives and to the people I have shown, the changes it has made for them in a very short time. Everybody has a different problem. Give The Chi Machine a try and you will be very pleased. We just don't look after our bodies like we should but here is the opportunity to change all that. You will love the results. Thanks! - **Bernard Yonkman, Vermilion, AB Canada.**

Anger, Hip Pain, Lungs, Degenerative Discs, Numbness from Stroke.

My Spiritual Life Coach bought a Chi Machine and I had the privilege of trying it. It relaxed me so much that I had a huge emotional release from a churning anger inside that had resulted from childhood traumas. What a gift that release was!!! What a healing. I have recently purchased my own Chi Machine and am now sharing it with my clients. After using my Chi Machine for a few weeks, my hip pain from a car accident 3 years ago is almost completely gone. Also, I only have

one lung due to an operation to remove a carcinoid tumor about 20 years ago, and get easily fatigued due to lack of oxygen, especially on humid days. Recently, when we had a humid day, I got on the Chi Machine and could feel the oxygen filling up my body. I was revitalized and got my energy back!

My 73 year old mother has degenerative discs and is in tremendous pain all of the time. She has tried The Chi Machine for 5 minutes 3 times now and she has noticed a shift in her pain. She is able to sit longer and her flexibility has improved. We are grateful for the improvements thus far and look forward to her continued healing.

I have a client that has had a stroke and the right side of his face is numb so much so that his mouth droops downward. He rides horses and gets very stiff afterwards. He tried the Chi Machine for 5 minutes and the result was amazing. He had feeling back in his face and he began to slur his words. He said that the only time he slurs his words is when he gets tired. I said 'well that's a good sign it means you are totally relaxed.' He stood up and felt wonderful and could feel the energy in his face. It was very exciting. He felt completely relaxed and at ease. - **Healing Touch Practitioner, Ontario, Canada - Angela Niedling CHTP.**



Great for Seniors.

Leg Injury, Gout, Urination - Osteoporosis, Flat Feet.

Ann's husband Frank dropped his small motorcycle on his ankle while at a service station fuelling - This put him on crutches for several weeks, at which time, since he was unable to use that leg, he started losing all his leg muscles. By the time he was off the crutches and had graduated to a cane he was starting to get weaker and just not feeling very well at all. One day he would be worse than the other and then he would have a few good days and then bang he would not even feel like getting out of bed that day.

Then the couple went to BC for a holiday - Our third day at the west coast, Frank started having bladder problems and the water works department was on and off with him. He had laid down for an afternoon nap at the campground when he had to go the bathroom, and couldn't. His water works had shut down completely. So I he was rushed to the nearest hospital, which was in Chilliwack. Hours later they let him leave, but not before the urologist fitted him with a catheter and got the water works to work once again, and they sent us back to Alberta to see our own local doctor. So of course back to Alberta we came, where the local urologist had all the tests done before he could get scheduled into the hospital for an operation on his prostate. Finally four weeks later the operation was done with great success and no signs of cancer, only to find that he had a bladder stone the size of his thumb (very rare - one in five hundred people get one). So because there was so much blood in the first major operation, they had him come back 8 days later for another major operation on the stone. This put him back in bed where he was pretty much bed ridden for another six weeks. By now he has been bed ridden for close to four months, so the injured leg from the mishap in June was now almost non-existent as his muscles were completely gone from no exercise.

One day a friend introduced them to the Chi Machine - Well, after just three times on the machine, Frank notices that his leg was a bit better and that he finally had some feeling in it. I might add that with all his sickness, Frank had lost 40 lbs, which was 38 more than he could afford to lose as he is quite small to begin with, and from this, gout had set in so bad that he was having trouble standing

up. Walking without a cane was impossible. He has continued to use The Chi Machine daily and his legs are getting better with each passing day and the muscles are finally starting to do their part.

Then they were introduced to the HotHouse - When we tried it for a couple of days, Frank was under it for an hour at a time. After just one hour of treatment he was walking a lot better. The gout pain seems to have subsided a lot and even the water works department was feeling better instead of getting up three to four times during the night. Now he only gets up once. What a difference that HotHouse has made!

I figured that if it was working so well on Frank that I should try these machines on my foot that was giving me some problems. Seems that the doctor figured that I now have flat feet, and from walking a lot my foot had become inflamed. The Chi Machine got oxygen into my system and the inflammation started going away, and after six or seven times on the machine I was walking like I had been doing it for years with no soreness coming back. Well, when the HotHouse came, I figured that this might help my knees that have been giving me problems since I was diagnosed with osteoporosis. Wow, with just one 15 minute treatment I was out jogging around the West Side Lake, which I have been unable to do for 5 or 6 years, This machine is wonderful. We were so impressed that we now have our own, so that we can use it daily. The only way to describe The Chi Machine and the HotHouse is that you should not be without one! — **Ann Odell, Lethbridge, Alberta, Canada.**



The Far Infrared Hothouse and the Chi Machine work wonders used together.

Detoxification.

We have incorporated the Chi Machine along w/the Hothouse Dome in our clinic and are having tremendous results with regards to pain management, weight loss, and overall health. We find that the use of the Chi Machine and the Dome machines, prior to detoxing a client, enhances the detoxification process itself. We wouldn't want to be without these marvelous tools that have enabled us to assist numerous people in their quest for health. - **Detox Clinic, Nepean, Ontario, Canada - Thoriams Primary Health Care Clinic.**

Severe Back Pain, Cancer Therapy.

We use the Chi Machine and three hot houses in our health centre, in conjunction with other natural therapies to reduce pain, detoxify the body, enhance the lymphatic system and increase vitality and well-being. We have several clients who complained of severe back pain and after being on the machine for 10 minutes their back pain disappeared. The three Hothouses with the Chi Machine have helped our cancer patients with pain relief and increased their sense of well-being. - **Carla Pepler, NEX Health Centre, Nurse Practitioner, Natural Medicine, Natural Health Consultant, Hanover, Ontario, Canada.**

Physical, Mental and Emotional Therapy.

I use the **Total Health Spa** daily for physical (aching joints) as well as mental and emotional (serotonins) healing. It provides a wonderful meditative safe place for spiritual contemplation as well. - **Maureane Dupuis, Registered Reflexologist, Edmonton, Alberta, Canada.**

Positive Results.

"I am very pleased with the Chi machine I purchased recently. My husband and I have been using it daily with extremely positive results and I have used it with several of my clients for relaxation and centering prior to treatments. Their comments have been enthusiastic and have included improvements in knees, neck, and back as well as calming, relaxing, and centering/grounding. I plan to continue to use it in this way and to recommend its aerobic benefits to clients who do not exercise regularly, those with fibromyalgia, stiffness, joint pain, and back pain. I will certainly encourage them to purchase their own Chi machines to enable them to benefit on a daily basis." - **K. Foster, Reiki Practitioner/Nutritional Consultant, Arborg, Manitoba, Canada.**

Please understand that although these testimonials are from real people, this does not mean that any individual that subsequently uses any of these machines will experience the same results.